Reference Interval Harmonization in Clinical Laboratories Across Ontario & Canada

CSCC Working Group on Reference Interval Harmonization (hRI)

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(on behalf of the CSCC hRI)

October 26th 2020



Presentation Outline



Speaker: Dr. Khosrow Adeli

- Outline the overall concept and approach of the CSCC hRI WG in the development of evidence-based harmonized reference intervals in the adult population
- Discuss key considerations in method development



Speaker: Mary Kathryn Bohn

- Outline the statistical approach used to calculate harmonized reference intervals, providing a background and worked example
- Discuss rationale in data analysis measures



Speaker: Dr. Dana Bailey

- Discuss the next steps to implementing harmonized reference intervals across Ontario and Canada
- Engage with colleagues through polling questions to provide input



Harmonization in Laboratory Medicine

- Harmonization is a fundamental aspect of ensuring the analytical and clinical quality of the *total testing process*
- Growing expectation for standardized patient care across healthcare centers
- Harmonization efforts have largely focused on the preanalytical and analytical phase of testing, including:
 - Standardized quality indicator goals
 - o Increased automation
 - Development of commutable reference standards and improved metrological traceability

Have similar gains been made in reference interval reporting?





Reference Interval Harmonization in Canada: Current Gaps

• Reference interval harmonization supports consistent and standardized test result interpretation, *when appropriate*

CSCC 2017 National Survey on Reference Intervals:

Design:

- 37 laboratories, 7 analytes: RIs for ALT, ALP, calcium, creatinine, fT4, hemoglobin, sodium
- 40 laboratories measured 6 analytes in reference samples (hemoglobin excluded)

Key Findings:

- Variability in RIs even between laboratories using the same instrumentation
- RI variability exceed test result variability



Clinical Biochemistry. 2017 Nov 1;50(16-17):925-35.

Reference Interval Harmonization in Canada: CSCC hRI WG

CSCC Working Group on Reference Interval Harmonization

Main Objective: Establish evidence-based harmonized and/or common reference intervals (where possible) and support their implementation in clinical laboratories across Canada

Co-Chairs

Khosrow Adeli Christine Collier

Data Analysis Team

Shervin Asgari Mary Kathryn Bohn Jake Cosme Qing Fan Victoria Higgins Zahraa Mohammed-Ali Jennifer Taher Albert Tsui

Team Members

Dana Bailey Cynthia Balion George Cembrowski Jim Dalton Trefor Higgins Benjamin Jung Joseph Macri David Seccombe Julia Stemp Alison Venner Nicole White-Al Habeeb

Previous Members

Terence Agbor Angela Fung Josko Ivika Felix Leung Michelle Parker Omair Sarfaraz Julie Shaw Janet Simons Uvaraj Uddayasankar Dorothy Truong



Reference Interval Harmonization: Around the world



How did we select our approach?



Reference Interval Harmonization: Adult vs Pediatrics

- CALIPER reference intervals have been implemented in many laboratories across Canada, USA and worldwide
 - Almost all children hospitals across Canada and US have implemented CALIPER Reference Ranges



• Contributed to RI harmonization in the pediatric population in Canada

Preliminary anonymous survey circulated via CSCC listserve



CSCC hRI WG decided to focus on adults



Selection of Initial Analyte Panel

- Candidate analytes for harmonization must demonstrate minimal analytical bias across the platforms to be harmonized
- For the analytical platforms used in Canada, we evaluated:
 - Method
 - Manufacturer
 - Calibration traceability
 - Reference method

Abbott

Selection of Initial Analyte Panel

ALP – An Example

Method	Manufacturer	Manufacturer Model		
	Roche	cobas	IFCC	
	Abbott	Architect	IFCC	
Colorimetric (p-	Beckman	Synchron	IFCC	
nitrophenyl	Siemens	ADVIA	IFCC	
phosphale)	Siemens	Dimension EXL	IFCC	
	Siemens	Dimension Vista	IFCC	
	Ortho	Vitros	IFCC	
Roche Ortho	D SIEN		BECKMAN	

Selection of Initial Analyte Panel

An initial panel of 17 analytes were selected as candidates for harmonization

Electrolytes	Hepatic	ලිව <mark>ි Renal</mark>	Endocrine
✓ Sodium	✓ALT	✓ Creatinine	✓ Free T3
✓Potassium	✓ALP	✓ Calcium	✓ Free T4
✓Magnesium	✓Total Protein	✓ Phosphate	✓TSH
✓Chloride	✓Total Bilirubin		
✓CO2	✓Albumin		
	✓LDH		

Direct Approach

Involves recruiting healthy subjects into a study in which samples are collected for the sole purpose of determining a reference interval

- Recommended by CLSI
- Better representation of a healthy population
- Minimal pre-analytical variation

- Extensive resource requirements
- Large sample size required
- Updating recommendations as new analytical platforms develop is challenging

A Unique Canadian Advantage (Direct Data in Canadian Children & Adults)

- Direct Canadian studies using CLSI-based techniques to derive reference intervals
- CALIPER: Pediatric reference intervals for over 185 biomarkers on several analytical platforms
- CHMS: Adult and pediatric reference intervals primarily based on Ortho VITROS platform

Canadian Health Measures Survey

Indirect Approach

Involves using results of a database established for another purpose (i.e. laboratory information systems)

- Less resources required
- Data easily representative
- Pre-analytical processes reflect routine laboratory practice

- Requires in-depth statistical analysis and consideration
- Determination of healthy population relies on statistical methods

Selection of reference interval approach – available indirect approaches

- Plot the cumulative frequency of the distribution on a normal probability paper
- Reference interval extrapolated through linear regression

Bhattacharya Method (1967)

- Mathematical straightening of the Gaussian distribution
- The slope and intercept are used to determine the mean and SD, and from this, the reference interval

• Modern computational power can be leveraged to derive indirect reference intervals using "maximum likelihood estimation"

Clin Chem Lab Med 2007;45(8):1043–1057 © 2007 by Walter de Gruyter • Berlin • New York. DOI 10.1515/CCLM.2007.250

A plea for intra-laboratory reference limits. Part 2. A bimodal retrospective concept for determining reference limits from intra-laboratory databases demonstrated by catalytic activity concentrations of enzymes

Reference limits of plasma and serum creatinine concentrations from intra-laboratory data bases of several German and Italian medical centres Comparison between direct and indirect procedures $\stackrel{\land}{\sim}$

Farhad Arzideh^a, Werner Wosniok^a, Rainer Haeckel^{b,*}

^a Institut für Statistik, Universität Bremen, Bremen, Germany
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Clinical Chemistry 61:7 964-973 (2015) Pediatric Clinical Chemistry

Age- and Sex-Specific Dynamics in 22 Hematologic and Biochemical Analytes from Birth to Adolescence

Jakob Zierk,¹ Farhad Arzideh,² Tobias Rechenauer,¹ Rainer Haeckel,³ Wolfgang Rascher,¹ Markus Metzler,¹ and Manfred Rauh^{1*}

Decision Limits / Reference Data

Criteria for distinguishing between healthy and diseased

Selection of data contributing centres

Appropriate selection of data contributing centres is essential to optimize the performance of indirect methods

Criteria for data centre contribution:

- Large outpatient population
- Representative of Canadian population
- *Representative of different analytical platforms*
- \circ Consistent results over time

Collaboration with community reference laboratories to support this initiative

Prior to executing indirect methodologies, data pre-processing must be discussed:

- 1. Analytical stability over data extraction period
- 2. Data exclusion based on clinical criteria:
 - Should repeat observations be removed?
 - Should extreme values be excluded?

Performance of indirect approaches rely on appropriate data cleaning

Bmj. 2018 May 24;361.

Harmonized Reference Intervals Developed for 14 Chemistry and 3 Immunoassays

> Based on the comparison of **preliminary harmonized reference standards**, final recommendations were decided on by CSCC hRI WG members at a workshop in 2020

Preliminary Harmonized Reference Intervals derived for 17 Analytes:

Electrolytes	Hepatic	ලිළු Renal	Endocrine
✓ Sodium	✓ALT	✓ Creatinine	✓ Free T3
✓Potassium	✓ALP	✓ Calcium	✓Free T4
✓Magnesium	✓Total Protein	✓ Phosphate	✓TSH
✓Chloride	✓Total Bilirubin		
√CO2	✓Albumin		
	✓LDH		

Presentation Outline

Path to Harmonization

Speaker: Dr. Khosrow Adeli

- Outline the efforts of CSCC hRI WG in the development of evidence-based harmonized reference intervals in the adult population
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Analyzing the Data

Speaker: Mary Kathryn Bohn

- Outline the statistical approach used to calculate harmonized reference intervals, providing a background and worked example
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Analyzing the Data: Key Steps & Considerations

- Our team has developed novel R codes to complete the discussed analyses in combination with the RLE software released by DGKL group
- Today, we will go through this multi-step approach for an example analyte as well as provide a preview of recommendations
- Data Presentations:
 - ALP

Analyzing the Data: Key Steps & Considerations

Retrieve population dataset with low abnormal rate from each province 2 Assess age- and sex-specific statistical differences for each provincial dataset 3 Clean-up each provincial dataset (e.g. monthly instability, outliers) 4 Assess statistical differences between each provincial dataset Combine clean datasets into Canada-wide file, using TML method to derive the 5

Compare preliminary hRIs to published direct and indirect data

2.5th and 97.5th percentiles

6

Retrieve population dataset

- Extract data from multiple centres across two year period
- ✓ Remove all repeat observations
- ✓ Include key covariates:
 - Age
 - o Sex
 - Date of Collection
 - Result

Dynacare[®]

Province: Ontario Analytical Platform: Roche Sample Size: 1062848

Province: Alberta Analytical Platform: Siemens Sample Size: 503169

LyfeLabs[®]

Province: Ontario Analytical Platform: Roche (chemistry) Abbott (immunoassay) Sample Size: 2655240

LyfeLabs[®]

Province: BC Analytical Platform: Roche (chemistry) Abbott (immunoassay) Sample Size: 781171

2

Assess age/sex differences

 Visually assess raw data across each centre

Difficult to make conclusions based on simple visualization of raw data

2

Assess age/sex differences

- Visually assess raw data across each centre
- Assess data density to evaluate agespecific trends

2

Assess age/sex differences

- Visually assess raw data across each centre
- Assess data density to evaluate agespecific trends
- ✓ Use specialized plots to view age- and sex-specific differences

ALP – Ontario (Dynacare)

40-<50

Age (years)

50-<60

60-<70

160

120

8

8

4

Males

Females

19-<30

30-<40

on (U/L)

Councentr 60

ALP – Ontario (LifeLabs)

2

Assess age/sex differences

- Visually assess raw data across each centre
- Assess data density to evaluate agespecific trends
- Use specialized plots to view age- and sex-specific differences
- Confirm visual assessment statistically using Harris & Boyd Method

 Determination of statistical significance in the difference of subclass means by the standard normal deviate test

$$Z = \frac{\overline{x_1} - \overline{x_2}}{\left[\left(\frac{S_1^2}{n_1}\right) + \left(\frac{S_2^2}{n_2}\right)\right]^{1/2}}$$

$$z^* = 3(n_{average}/120)^{\frac{1}{2}} = 3[(n_1 + n_2)/240]^{\frac{1}{2}}$$

Partitions Identified for ALP:

- 19-<40 years Male
- 19-<40 years Female
- 40-<80 years

Data clean up

3

- ✓ Monthly stability assessed visually
- Percent deviation from median compared to reference change value (RCV) reported by EFLM.

No Instability Observed

Data clean up

3

- ✓ *Monthly stability assessed visually*
- Percent deviation from median compared to reference change value (RCV) reported by EFLM.
- Remove outliers for each centre based on Tukey or Hubert method, depending on data distribution

4

Centre-specific differences

- Assess centre-specific differences using Harris & Boyd method
- Combine all centres if no significant differences are observed into Canada-Wide file

5

Establish RI for each partition

- ✓ Use TML method to establish reference intervals for each partition
- Compare established reference intervals across provinces and reference intervals

Preliminary hRIs Across Canada

*displayed in U/L

TML Method: A Closer Look

Truncated Maximum Likelihood Method:

- Described in 2007 by Arzideh and colleagues (CCLM, 2007;45(8))
- **Overall methodology:** Use maximum likelihood estimation techniques to determine the central component of a mixed population dataset
- Main Assumptions:
 - 1. The central part of the distribution curve contains the great majority of results for non-diseased subjects and contamination with data from disease subjects can be neglected
 - 2. The isolated results of the non-diseased subgroup are approximately normally distribution after or before <u>Box-Cox</u> <u>transformation</u>
 - 3. Analytical drift effects do not occur during the data collection period

Estimated distributions for non-pathological values (green curve), pathological values (red) and whole data (blue). Green lines (and given numers) indicate 2.5 and 97.5 percentiles of the estimated distribution for non-pathological values (RL).

TML Method: A Closer Look - Advantages

Truncated Maximum Likelihood Method:

- High computational power (millions of data points)
- MLE technique reduces overfitting and enables high distribution resolving power
- No assumptions are made regarding the "diseased" distribution
- Only the "non-diseased" distribution undergoes transformation, if necessary

- Require front-end cleaning and detailed considerations
- No clinical comparator

https://kosmic.diz.uk-erlangen.de/ Scientific reports. 2020 Feb 3;10(1):1-8.

Beyond Indirect Techniques: Comparing to Other Approaches

Comparing preliminary hRIs to various studies and sources can help provide confidence in their recommendation

International Initiatives

Manufacturer Package Inserts

Current Laboratory Centers

 Compare to indirect and direct data published by international initiatives

Comparison to Previously Published Data from International Initiatives

5

Compare and assess

- Compare to indirect and direct data published by international initiatives
- Compare to manufacturer package insert data

Comparison to Manufacturer Package Inserts

Partition	CW		Roche	Abbott	Beckman	Ortho	Siemens
19-<40y M	42-113	Adult M	40-130	40 150	22.01	29 126	46 116
19-<40y F	35-105	Adult F	35-105	40-150	52-91	30-120	40-110
40-<80y	41-119						6500

WG

hRI.

Analyzing the Data:

ALP an example

Compare and assess

- Compare to indirect and direct data published by international initiatives
- Compare to manufacturer package insert data
- Compare to what is currently used at each centre

Comparison to Current Reference Intervals

Canada (U/	Wide RI ′L)	DynaLIFE Siem	RI (U/L) ens	LifeLabs Roc	RI (U/L) :he	Dynacare Roc	RI (U/L) he
19 to <40y M	42-114	Adult	40-120	Adult M	40-145	Adult M	40-129
19 to <40y F	34-103			Adult F	35-120	Adult F	35-122
40 to <80y	41-119						

5

Compare and assess

- Compare to indirect and direct data published by international initiatives
- Compare to manufacturer package insert data
- Compare to what is currently used at each centre
- ✓ Internal discussion and finalization

Proposed Harmonized RI				
19 to <40y M	40-115			
19 to <40y F	35-105			
40 to <80y	40-120			

Preliminary Harmonized Reference Intervals derived for 17 Analytes:

Electrolytes	Hepatic	ලිව් Renal	Endocrine
✓Sodium	✓ALT	✓ Creatinine	✓ Free T3
✓Potassium	✓ALP	✓ Calcium	✓Free T4
✓Magnesium	✓Total Protein	✓ Phosphate	✓TSH
✓Chloride	✓Total Bilirubin		
√CO2	✓Albumin		
	✓LDH		

Analyte	Calculated Canada-Wide RI		Recommended Harmonized R	
Sodium (mmol/L)	19 to <80y	138-145	19 to <80y	137-145
Potassium (mmol/L)	19 to <80y	3.8-5.1	19 to <80y	3.8-5.1
Magnesium (mmol/L)	19 to <80y	0.73-1.00	19 to <80y	0.73-1.00
Total CO2 (mmol/L)	19 to <80y	22-32	19 to <80y	22-30
Chloride (mmol/L)	19 to <80y	97 – 107	Not finalized	Not finalized

Analyte	Calculated Ca	nada-Wide RI	Recommended Harmonized RI	
Alanine aminotransferase	19 to <80y M	11-53	19 to <80y M	RI: 11-53, CDL: <33
(U/L)	19 to <80y F	8-35	19 to <80y F	RI: 8-35, CDL: <25
Albumin BCC	19 to <60y M	40-51		
	19 to <60y F	39-49	19 to <80 years	40-50
	60 to <80y	39-49		
Alkaline	19 to <40y M	42-114	19 to <40y M	40-115
Phosphatase (U/L)	19 to <40y F	34-103	19 to <40y F	35-105
	40 to <80y	41-119	40 to <80y	40-120
Lactate				
Dehydrogenase	19 to <80y	122-237	19 to <80 y	120-240
(U/L)	40.4 00 M	0 5 00 0	40.1 00 14	0.00
Total Bilirubin	19 to <80y M	3.5-20.0	19 to <80 y M	3-20
(umol/L)	19 to <80y F	2.8-15.8	19 to <80 y F	3-16
Total Protein (g/L)	19 to <80y	61-79	19 to <80y	60-80

Analyte	Calculated Ca	nada-Wide RI	Recommended Harmonized RI		
Phosphate (mmol/L)	19 to <60y	0.79 – 1.45	19 to <80y	0.80– 1.45	
	60 to <80y M	0.77 – 1.43			
	60 to <80y F	0.86 - 1.47			
	19 to <40y M	2.21 - 2.54	19 to <80y	2.15 – 2.55	
Calcium (mmol/L)	19 to <40y F	2.16 – 2.50			
	40 to <80y	2.16 – 2.52			
Creatinine (umol/L)	19 to <80y M	63-117	Not finalized	Not finalized	
	19 to <80y F	48-95		NUL III AIIZEU	

Analyte	Calculated Ca	Inada-Wide RI	Recommended Harmonized RI	
FT3 (pmol/L)	19 to <80y	3.01 – 5.68	19 to <80y	3.0 to 5.7
FT4 (pmol/L)	19 to <80y	9.7 - 15.5	19 to <80y	9.5 to 15.5
TSH (mIU/L)	19 to <80y	0.60-4.55	19 to <80y	RI: 0.60-4.55, CDL: 0.1-4.12

Preliminary hRI Recommendations – Next Steps

• Limitations to the current data:

- Only three manufacturers represented (Roche, Siemens, Abbott (immunoassays only))
- Only three provinces represented (Ontario, British Columbia, Alberta)
- All data contributing centres use serum as preferred matrices

How can these be addressed?

Next Steps: Cross Canada Verification Study

Study Design:

60 adult volunteers will be recruited from the community with the following age/sex distribution. Health will be assessed using a questionnaire.

2 serum and 2 plasma tubes will be collected from each participant. **Estimate volume**: ~10mL serum, ~10mL plasma. 1mL aliquots will be stored at -80C

Distribution to 5-10 laboratories across Canada for analysis of all 17 analytes, ideally on both matrices (two labs per platform ideally).

Ortho Clinical Diagnostics

Next Steps: Cross Canada Verification Study

Study aims/outcomes:

- 1. Demonstrate that the proposed hRIs are valid across laboratories and analytical platforms
- 2. Demonstrate that the results for each analyte are equivalent across analytical platforms

If significant differences are observed between laboratories, hRI recommendations will be modified accordingly

Final harmonization recommendations

Are you interested in participating? Please contact us!

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Polling question #1

Reference intervals currently reported by my laboratory are derived from:

- A. Manufacturer package inserts
- B. Publications or textbooks
- C. Internal direct studies
- D. Internal indirect studies
- E. They were set when I started
- F. Other

Path to Implementation: Barriers & Feedback

Goal of CSCC hRI WG is not only to establish evidence based harmonized reference intervals, but support their implementation

hRI.

- Harmonization initiatives around the world have undertaken different approaches to support the implementation of proposed RIs, including:
 - Assisting in completing verification studies
 - Using retrospective data to assess differential flagging rates
 - Working with representative societies to support implementation

Path to Implementation: Planned Engagement

After completion of verification program, circulate proposed harmonized practice guidelines to target groups for input:

Finalize & Publish!

Polling question #2

Would your laboratory be interested in considering RI harmonization?

A. YesB. Not at this timeC. I need more information!

Polling question #3

What do you see as the main barriers to implementation of harmonized reference intervals:

- A. Scientific concern
- B. Resources associated with verification
- C. IT resources for LIS implementation
- D. Other

Path to Implementation: Planned Support

Summary of recommendations Communication letter to clinicians

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We want to hear from you!

Discussion point

How can we best support implementation in laboratories across Canada?

Discussion point

How can we best support maintenance of harmonized RIs in laboratories across Canada?

Path to Implementation: What's Next

- Based on our established approach, we plan to expand the initial panel of 17 analytes to include additional laboratory tests!
- Continue to update and assess implementation
 of hRIs on a prospective basis
- Stayed tuned for recommendations on harmonized lipid reporting in pediatrics and adults across Canada!

Polling question #4

What other analytes would you like to see addressed?

- A. Hematology
- B. Additional endocrine (e.g. sex hormones)
- C. Additional chemistry
- D. Vitamins
- E. Others

Acknowledgements

CSCC Working Group on Reference Interval Harmonization

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Previous Members

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Community Reference Laboratory Partners

Questions?

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On Behalf of the CSCC Reference Interval Harmonization Working Group

