Reference Interval Harmonization in Canada

Mary Kathryn Bohn, PhD Candidate University of Toronto & The Hospital for Sick Children

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Outline & Learning Objectives

Presentation Outline

- Reference Interval Harmonization in Canada
- Analyzing the Data Approach Taken by CSCC hRI
- Path towards Implementation

At the end of the session, the participants will be able to:

- Outline the major gaps in reference intervals and the critical need for harmonization across clinical laboratories.
- Describe the major advances made by the CSCC Working Group on Reference Interval Harmonization.
- Discuss the development and verification of common reference intervals and their implementation across Canada.

Harmonization in Laboratory Medicine

<u>Harmonization</u>: "the equivalence of test results and interpretation among different routine measurement procedures over time and space according to defined analytical and clinical quality specifications"

Plebani M. Clinical chemistry and laboratory medicine. 2013 Apr 1;51(4):741-51.



Harmonization in Laboratory Medicine - Preanalytical

Preanalytical phase: processes completed prior to laboratory analysis (e.g. specimen collection, transport, and processing)

• Estimated to account for 50-70% of errors in laboratory medicine.

Identification	Sample
Unlabeled samples	Hemolyzed
Mislabeled samples	Clotted
Insufficiently labeled samples	lcteric/lipemic
Samples suspected of being from the wrong patient	Incorrect filling level
("wrong blood in tube")	Inadequate quantity
Irregularities in transfusion labeling requirements	Lost/not received
(e.g. signature of phlebotomist)	Damaged during transportation and improperly stored
http://dx.doi.ora/10.11613/BM.2014.012	Biochemia Medica 2014;24(1):105–

TABLE 1. Pre-analytical errors grouped in relation to identification and sample problems.

• Steps towards harmonization: development of standardized quality indicators to ensure that all clinical laboratories define, report, and benchmark according to defined quality standards.



Harmonization in Laboratory Medicine - Analytical

Analytical phase: processes directly related to sample analysis and testing

- Results between different clinical laboratory measurement procedures should be equivalent, within clinically meaningful limits.
- **Metrological traceability** to higher order references is ideal to provide reproducible result and stable reference system.
- Current standardization resources are available for approximately **110 measurands** (e.g. HbA1c, cholesterol)



Abbreviated diagram of the 3 basic steps performed in standardization programs, showing the traceability chain. Adapted from ISO 17511:2020.



Immense progress!

Primed for RI harmonization

Harmonization in Laboratory Medicine – Postanalytical

Post-analytical phase: processes related to test result reporting and interpretation

Reference Interval: <u>health associated benchmarks</u> used to assist in clinical decision-making (central 95% of result values obtained from a reference population). *Clinical Decision Limits:* <u>threshold values</u> that indicate significant patient risk of clinical outcome or diagnosis of a specific disease.



		HbA1c (%)
	Diabetes	≥6.5
	Prediabetes	5.7 - 6.4
	Normal	~ 5.7

<u>**RI Harmonization</u>: "using one** interpretative recommendation that may be age- and/or sex-stratified for an analyte across several laboratories, regardless of analytical assay or patient population"</u>



Harmonized or common RIs are only suitable for assays that demonstrate minimal bias across considered methodologies

Yes for Clinicians

- different reference intervals from different laboratories;
- confusion between Reference Intervals and Decision Limits

Yes **b** for Patients

 same value can be considered "normal" or "abnormal" in different laboratories

Reference Interval Harmonization: Around the world

or robust



AHRIA & AHRIP

Sampling: Combination, pediatric & adult Sample Type: Serum/plasma Statistical method: Combination

Main Objective: Establish evidence-based harmonized/common reference intervals (hRls) and support their implementation in laboratories across Canada.

Co-Chairs Khosrow Adeli

Christine Collier

Zahraa Mohammed-Ali Albert Tsui Dana Bailev Cynthia Balion George Cembrowski Jake Cosme James Dalton Vincent De Guire Angela Fung **Trefor Higgins** Victoria Higgins **Benjamin Jung** Joseph Macri David Seccombe Julie Shaw Julia Stemp Jennifer Taher Allison Venner Nicole White-AlHabeeb

WG Members



National Survey 2017

Reference Intervals in use across Canada: >30 Clinical Laboratories surveyed

Clinical Biochemistry (2017)



Reference Interval Harmonization in Canada: Current Gaps

- Reference interval harmonization supports consistent and standardized test result interpretation, when appropriate
- Harmonized reference intervals should only be considered when significant analytical differences are NOT observed

CSCC 2017 National Survey on Reference Interval Variation:

Design:

- 37 laboratories, 7 analytes: RIs for ALT, ALP, calcium, creatinine, fT4, hemoglobin, sodium
- 40 laboratories measured 6 analytes in reference samples (hemoglobin excluded)

Key Findings:

- Variability in RIs even between laboratories using the same instrumentation
- RI variability exceed test result variability



Reference Intervals in Centres across Canada: Creatinine



Clinical biochemistry. 2017 Nov 1;50(16-17):925-35.



CALIPER Study of Pediatric Reference Intervals

CALIPER = Canadian Laboratory Initiative on Pediatric Reference Intervals

Serum Biobank: > **12,500** samples (males/females)

Age Range: Birth to 18 years

Health Information: Family History, Health Status, BMI, Waist Circumference

CALIPER Database: Reference standards for over 200 biomarkers from peer-reviewed publications



CALIPER Mobile and Web Apps for ready access to the database of pediatric reference standards



visit www.caliperproject.org for more details

CALIPER Online Database

www.caliperdatabase.org



Many clinical laboratories have implemented CALIPER pediatric RIs for test interpretation in children and adolescents, serving as a form of harmonization for pediatric RIs

Path to Reference Interval Harmonization in Adults



Approach: Selecting Initial Analyte Panel

An initial panel of 16 analytes were selected as candidates for harmonization through: literature review, manufacturer IFU review



How are we going to establish harmonized RIs?



Direct Approach



Involves <u>recruiting healthy subjects</u> into a study in which samples are collected for the sole purpose of determining a reference interval



- Recommended by CLSI
- 'Better' representation of a healthy population
- Minimal pre-analytical variation



- Extensive resource requirements
- Large sample size required
- Updating recommendations as new analytical platforms develop is challenging

Available Canadian Direct Data:

- Direct Canadian studies using CLSI-based techniques to derive reference intervals
- CHMS: Adult and pediatric reference intervals primarily based on Ortho VITROS platform (n=12,000)



Canadian Health Measures Survey

Clinical chemistry. 2015 Aug 1;61(8):1049-62. Clinical chemistry. 2015 Aug 1;61(8):1063-74.



Indirect Approach

Involves using results of a database established for another purpose (i.e. laboratory information systems)



- Less resources required
- Data easily representative
- Pre-analytical processes reflect routine laboratory practice



- Requires in-depth statistical analysis and consideration
- Determination of healthy population relies on statistical methods

Big Data Era:

Applications in Clinical Biochemistry



A Treasure Trove of Data!

- Medical laboratory data accounts for 70-80% of objective medical in patient charts.
- Numerous applications in clinical biochemistry and other fields (e.g. pathology, microbiology).
- Poses new opportunities to achieve harmonization in laboratory medicine.

Approach: Obtaining data for RI calculations and harmonization

• Appropriate selection of data contributing centres is essential to optimize the performance of indirect methods

Criteria for data centre contribution:

- Large outpatient population
- Representative of Canadian population
- Representative of different analytical platforms
- Consistent results over time

Formed collaborations with community laboratories to support this initiative



Analyzing the Data



Analyzing the Data



Retrieve population dataset

- Extract data from multiple centres across two year period
- ✓ Remove all repeat observations
- ✓ Include key covariates:
 - Age
 - Sex
 - Date of Collection
 - Result

Dynacare[®]

Province: Ontario Analytical Platform: Cobas Sample Size: 1062848



Province: Alberta Analytical Platform: Advia Sample Size: 503169

L^yfeLabs[®]

Province: Ontario Analytical Platform: Cobas Sample Size: 2655240

LyfeLabs[®]

Province: BC Analytical Platform: Cobas Sample Size: 781171

Analyzing the Data



Data clean up

2

- ✓ Monthly stability assessed visually
- Percent deviation from median compared to ½ reference change value (RCV) reported by EFLM (8%)

Monthly Stability: Percent variation from annual median graphed for each laboratory separately and compared to ½ RCV (green line)



Analyzing the Data



Assess age/sex differences

Visually assess raw data across each \checkmark centre



3

Difficult to make conclusions based on simple visualization of raw data

Scatterplot: Raw result values graphed by age and colour-coded by sex for each laboratory

F

Μ

•





Μ

Alkaline Phosphatase (Cobas - ON2)



3

Assess age/sex differences

- Visually assess raw data across each centre
- Compare data density across the age range for each laboratory

Density plot: To visualize density, divides the plot area in a multitude of small fragment and represents the number of points in this fragment.



3

Assess age/sex differences

- Visually assess raw data across each centre
- Compare data density across the age range for each laboratory
- Use specialized plots to view age- and sex-specific differences
- Confirm visual assessment statistically using Harris & Boyd Method

Bean plot: Alternative to boxplot - compares the distributions of different groups by graphing a two-sided histogram (helpful to identify bimodal distributions etc.)



Established age partitions: 19-39 years M/F 40-80 years

Assess age/sex differences

- Visually assess raw data across each centre
- Compare data density across the age range for each laboratory
- Use specialized plots to view age- and sex-specific differences
- Confirm visual assessment statistically using Harris & Boyd Method
- ✓ Remove outliers

3





70

40

Age (years)

29090

60

1033758

20

80

3

PtSex

• F

• M

PtSex

• F

• M

Analyzing the Data



4

Centre-specific differences

- Assess centre-specific differences using Harris & Boyd method
- Combine all centres if no significant differences are observed into Canada-Wide file

Concentration (U/L)	Advia Alberta	Cobas BC	Cobas Ontario	Cobas Ontario	
Dynacar Province: Ontario Sample Size: 1062	e ° (Cobas) 2848		DynaL MEDICAL Province: Albe Sample Size:	FE LABS erta (Advia) 503169	
LyfeLabs Province : Ontario (Sample Size : 2655	(Cobas) 240		LyfeLak Province: Brit Sample Size:	DS ⁰ tish Columbia (C 781171	Cobas)
N	o signifid	cant labo	ratory diff <u>ere</u>	ences	

Analyzing the Data

	DATA EXTRACTION: Laboratory results extracted for 16 analytes from community laboratories across Canada (2017-2018)									
	Centre A (AB, Advia/Centaur) Centre B (BC, Cobas/Architect)	Centre C: (ON, Cobas/Architect) Contre D: (ON, Cobas)								
	DATA STABILI Monthly medians plotted as a percentage	TY OVER TIME: from the overall median for each laboratory.								
S	Percent deviation within ½ RCV	Percent deviation exceeded ½ RCV								
MATION		Outlying months removed per established criteria								
Ĩ										
TIVE ES	AGE AND SEX Statistically significant differences in test results : Harris and Boyd for each dataset separate	ASSESSMENT: across 10-year age bins and sexes determined via ly. Partitions established based on evidence.								
ы										
OSF	Box Cox transformed and normality of d	ata assessed using quantile-quantile plots								
ETR	Gaussian distribution	Non-Gaussian distribution								
RCT R	Outliers removed using Tukey method for Outliers removed using Hubert method for each partition in each dataset separately each partition in each dataset separately									
INDI	BETWEEN LABORA Statistically significant differences between contr	TORY DIFFERENCES: ibuting laboratories determined via Harris & Boyd.								
	No statistical	Statistical significance								
	significance	REASSESSMENT: Data reviewed to determine feasibility of harmonization								
	INDIRECT REFERENCE IN Reference intervals established for each laboratory for each partition in each d	ITERVAL ESTABLISHMENT: and the combined data set using the refineR method ataset and all data combined								
CATION	PRELIMINARY RE Comparison of indirect estimations to direct Canadi a preliminary harmonized referen	COMMENDATIONS: ian data and other international initiatives to establish nee interval across manufacturers.								
e verifi	CROSS-CANAD Serum and plasma samples prospectively collecte across Canada for analysis of 16 analytes on	A VERIFICATION: d from healthy adults distributed to nine laboratories various analytical systems (n=20 per partition)								
ECTIV	Percent verification >80% across all laboratories	Percent verification <80% across all laboratories								
PROSP	Harmonized reference interval verified for use.	Harmonized reference interval not verified for use. Further investigation required.								



Available Indirect Approaches (1960-2007)



Available Indirect Approaches (2020-2022)



- More recent generation of the TML method
- Establishes reference limits from mixed distributions using truncation points and the Kolmogorov-Smirnov distance
- Computational advances (time for RI calculation)



- Uses an inverse and unbiased modeling approach with no input parameters
- Yields superior results to kosmic when challenged with a high proportion of pathological samples
- Computational advances (CI calculation)

RefineR Algorithm

Ammer T, Schützenmeister A, Prokosch HU, Rauh M, Rank CM, Zierk J. refineR: a novel algorithm for reference interval estimation from real-world data. Scientific reports. 2021 Aug 6;11(1):1-7.



5

Establish RI for each partition

 ✓ Use refineR method to establish reference intervals for each partition







Concentration [Units]



*displayed in U/L

Compare and assess

5

- Compare to indirect and direct data published by international initiatives
- Compare to manufacturer package insert data
- Compare to what is currently used at each centre
- ✓ Internal discussion and finalization



	In	direct Anal	lysis of Pro	ovincial Da	ata	Di	hRI				
	Advia – AB	Cobas – BC	Cobas – ON1	Cobas – ON2	All	CHMS	AHRIA	AUSS	NORIP	UK	
N	488526	754661	2581443	1033758	4858388						19-39y M: 40-115
LL 19-39y M	45 [44, 46]	42 [41, 42]	42 [42, 42]	42 [41, 42]	42 [42, 42]	50	30	43	35	30	U/L 19-39y F:
UL 19-39y M	119 [113, 123]	113 [106, 116]	111 [110, 113]	111 [105, 112]	113 [111, 113]	116	110	112	105	130	35-105 U/L
LL 19-39y F	37 [37, 38]	34 [34, 35]	35 [34, 35]	35 [34, 35]	35 [34, 35]	46		32			40-79y:
UL 19-39 F	115 [111, 117]	102 [93, 104]	100 [90, 106]	95 [87, 101]	100 [91, 104]	122		96			40-120 U/L
LL 60-79y	43 [42, 45]	40 [40, 41]	40 [40, 42]	40 [39, 40]	41 [40, 41]						
UL 60-79y	122 [113, 128]	115 [113, 121]	115 [113, 120]	119 [112, 120]	120 [114, 121]						44

Analyte	Partition	hRI
Analyte	Partition	hRI (SI)
Alkaline Phosphatase (ALP)	19 to 39 years M	40–115 U/L
	19 to 39 years F	35–105 U/L
	40 to 79 years	40–120 U/L
Alanine Aminotransferase (ALT)	19 to 79 years M	<33 U/L
	19 to 79 years F	<25 U/L
Albumin (BCG only)	19 to 79 years	40–50 g/L
Bilirubin, total	19 to 79 years M	<20 µmol/L
	19 to 79 years F	<16 µmol/L
Calcium	19 to 79 years	2.15–2.55 mmol/L
Carbon Dioxide, total	19 to 79 years	22–30 mmol/L
Chloride	19 to 79 years	97–107 mmol/L
Creatinine	19 to 79 years M	65–106 µmol/L
	19 to 79 years F	50–90 µmol/L
Free Thyroxine (FT4)	19 to 79 years	None
Lactate Dehydrogenase (LDH)	19 to 79 years	120–240 U/L
Magnesium	19 to 79 years	0.73–1.00 mmol/L
Phosphate	19 to 79 years	0.80–1.45 mmol/L
Potassium	19 to 79 years	3.8-5.1 mmol/L
Sodium	19 to 79 years	135–145 mmol/L
Thyroid Stimulating Hormone (TSH)	19 to 79 years	0.60-4.00 mIU/L

Establishment of preliminary hRIs for 16 parameters

Limitations to the current data:

- Only three manufacturers represented
- Only three provinces represented
- All data contributing centres use serum as preferred matrices

How can they be addressed prior to implementation?

Verifying the Data



Objective: To verify proposed hRIs on major analytical platforms across Canada using serum and plasma samples prospectively collected from healthy adults.

Study Design:



60 adult volunteers recruited from the community with the following age/sex distribution.

- 30 individuals were recruited from Ontario
- 30 individuals were recruited from Alberta
- Ethnic distribution is proportional to the 2016 Canadian Census
- Exclusion criteria included:
 - Pregnancy
 - History of chronic illness
 - History of acute illness within 7 days of collection
 - Regular use of prescribed medication

Objective: To verify proposed hRIs on major analytical platforms across Canada using serum and plasma samples prospectively collected from healthy adults.



CSCC hRI WG: Participating Laboratories

Province	Manufacturer
Newfoundland	Architect
Quebec	Atellica
Alberta	Cobas
Ontario	Cobas
Ontario	Cobas
Alberta	DxC
British Columbia	Integra
New Brunswick	Vitros
Ontario	Vitros









Verifying the Data: Example – Alkaline Phosphatase

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Compare and assess

- Compare to indirect and direct data published by international initiatives
- Compare to manufacturer package insert data
- Compare to what is currently used at each centre
- Internal discussion and finalization

Verification plot: Results from samples collected for healthy Canadian adults graphed by laboratory using boxplot (median, IQR, tails: Q1/Q3+IQR). Percent verification notated for each laboratory, grey area indicates proposed hRI



Reviewing the Data





	Indirect Analysis of Provincial Data						Direct International Initiatives*			
	Advia – AB	Cobas – BC	Cobas – ON1	Cobas – ON2	All	AHRIA	AUSSIE	NORIP	UK	10 70 4
N	203541	124417	423031	157662	908651					0.73-1.00
LL 19-79y	0.73 [0.73, 0.73]	0.74 [0.72, 0.75]	0.73 [0.72, 0.74]	0.75 [0.74, 0.76]	0.73 [0.73, 0.74]	0.70	0.77	0.71	0.70	mmol/L
UL 19-79y	0.97 [0.97, 0.98]	0.99 [0.98, 0.99]	0.99 [0.99, 1.00]	1.00 [1.00, 1.01]	1.00 [0.99, 1.00]	1.10	1.04	0.94	1.00	

Magnesium

Direct and Indirect Canadian Data Supports Harmonization

- Approximately 900,000 results evaluated
- No age/sex-specific differences observed
- Recommend hRI verified in all nine Canadian Laboratories participating in cross-Canada verification program (*serum and plasma*)



Total Protein

Direct and Indirect Canadian Data Supports Harmonization

- Approximately 300,000 results evaluated
- No age/sex-specific differences observed
- Recommend hRI verified in all nine Canadian Laboratories participating in cross-Canada verification program (serum and plasma)



	Indirect Analysis of Provincial Data						Direct International Initiatives*				hRI
	Advia – AB	Cobas – BC	Cobas – ON1	Cobas – ON2	All	CHMS	AHRI A	AUSS	NORI P	UK	
N	773026	1583639	3930985	1512821	7800471						19-79y:
LL 19-79y	3.7 [3.70, 3.74]	3.8 [3.77, 3.84]	3.8 [3.77, 3.82]	4.1 [3.93, 4.13]	3.9 [3.89, 3.95]	3.8	3.5	3.7	3.6	3.5	3.8-5.1 mmol/L
UL 19-79y	5.1 [4.96, 5.07]	5.1 [4.97, 5.11]	5.1 [4.99, 5.10]	4.7 [4.68, 4.92]	4.9 [4.86, 4.92]	4.9	5.2	4.9	4.6	5.3	

Potassium

Direct and Indirect Canadian Data Supports Harmonization

- Approximately 7.8 million results evaluated
- No age/sex-specific differences observed
- Recommend hRI verified in all nine Canadian Laboratories participating in cross-Canada verification program in *serum only*

Potassium

Plasma vs Serum:

- Plasma potassium results were markedly lower as compared to paired sera
- Recommended hRI of **3.8-5.1 mmol/L** did not verify as per CSCC hRI WG criteria in plasma specimens
- A separate recommendation for plasma potassium is needed







	In	direct Ana	lysis of Pro	ovincial Da	ta	Direct International Initiatives*				hRI
	Centaur – AB	Arch – BC	Arch – ON	Cobas – ON	All	ΑΤΑ	AUSS	NHANES	NORIP	
N	1121045	1648061	4207623	1688546	8665275					19-79y:
LL 19-79y	0.67 [0.63, 0.68]	0.59 [0.58, 0.60]	0.60 [0.56, 0.60]	0.70 [0.67, 0.71]	0.60 [0.56, 0.61]	0.4	0.34	0.50	0.45	0.60-4.00 mIU/L
UL 19-79y	5.02 [4.64, 5.16]	4.55 [4.42, 4.59]	4.45 [4.04, 4.53]	5.45 [5.13, 5.60]	4.48 [4.02, 4.85]	4.0	3.40	3.60	4.12	

TSH

Province

Advia - AB

Architect - BC Architect - ON1 Cobas - ON2

Direct and Indirect Canadian Data Supports Harmonization

- Approximately 9 million results evaluated
- No age/sex-specific differences observed
- Upper reference limits ranged from 4.05-5.26 mIU/L across provincial community laboratories
- Recommended hRI verified in all nine Canadian ٠ Laboratories participating in cross-Canada verification program (serum and plasma)
- Results suggest excellent concordance between laboratories and acceptable analytical standardization of TSH for RI harmonization



	I	ndirect An	alysis of P	rovincial D	Direct In	hRI			
	Advia – AB	Centaur –BC	Architect – ON1	Cobas – ON2	All*	AUSSIE	NORIP	ΑΤΑ	
N	124713	196029	972585	376870	1664797				10-70 <i>v</i> :
LL 19-79y	10.4 [10.2, 10.5]	9.2 [9.1, 9.6]	9.4 [9.4, 9.8]	12.6 [11.9, 14.0]	9.7	10.7	10.9	None	None
UL 19-79y	19.2 [18.1, 19.4]	15.4 [15.1, 16.4]	15.2 [15.1, 16.0]	18.4 [17.2, 18.9]	15.5	17	16.9	None	

Free T4

Direct and Indirect Canadian Data do NOT Support Harmonization

- Approximately **1.6 million results** evaluated
- No age/sex-specific differences observed
- Upper reference limits ranged from 16.8-20.5
 pmol/L across provincial community
 laboratories
- Data suggests hRIs are not appropriate for free T4 test interpretation and manufacturer-specific results RIs are needed

CSCC hRI WG: Key Takeaways

- A novel big data analytics approach was undertaken to define preliminary hRIs for 16 analytes:
 - (1) extraction of data from community reference laboratories across Canada
 - (2) assessment of outliers
 - (3) statistical evaluation of age, sex, and center-specific differences
 - (4) derivation of preliminary hRIs using the refineR method
 - (5) comparison of established hRIs to direct data in the healthy Canadian population.
- Robustness of these data was assessed through a Cross-Canada Verification Study where results supported implementation of these recommendations
- Showcases the power of big data and new statistical techniques to assist in addressing gaps in clinical service

Future work?

CSCC hRI WG: Next Steps



Finalize & Publish!

CSCC hRI WG: Next Steps



- Relevant publications and links
- Excel template for verification
- Summary of recommendations
- Communication letter to clinicians



Nation-wide surveys to

assess degree of harmonization achieved



Repeat for other analytes of interest!

Acknowledgments

CSCC Working Group on Reference Interval Harmonization

Co-Chairs

Khosrow Adeli Christine Collier

Abstract Co-Authors

Zahraa Mohammed-Ali Albert Tsui Dana Bailey Cynthia Balion George Cembrowski Jake Cosme James Dalton Vincent De Guire **Trefor Higgins** Victoria Higgins **Benjamin Jung** Joseph Macri **David Seccombe** Julie Shaw Julia Stemp Jennifer Taher Allison Venner Nicole White-AlHabeeb

Contributors

Vipin Bhayana Isshan Bhoutiauy Qing Fan Matthew Estey Angela Fung Barry Hoffman Peter Kavsak

Previous Members

Terence Agbor Josko Ivika Felix Leung Michelle Parker Omair Sarfaraz Julie Shaw Janet Simons Uvaraj Uddayasankar Dorothy Truong Shervin Asgari

CSCC Head Office

Interested in becoming involved? Contact co-chairs Drs. Adeli and Collier (Khosrow.adeli@sickkids.ca, <u>christine.collier@fraserhealth.ca</u>)