

# National Survey of Adult and Pediatric Reference Intervals in Clinical Laboratories across Canada

*A Report of the CSCC Working Group on Reference Interval Harmonization*

AACC 69<sup>th</sup> Annual Meeting, San Diego

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CAN POST

# Speaker Financial Disclosure Information

I have nothing to disclose.

# Scope of Harmonization in Laboratory Medicine

## Pre-Analytical Phase



```
graph TD; A[Pre-Analytical Phase] --> B[Analytical Phase]; B --> C[Post-Analytical Phase];
```

- Test requests
- Sample collection
- Handling and transportation

## Analytical Phase

- Analytical method
- Calibration
- Quality control

## Post-Analytical Phase

- Reporting terminology and units
- Report formats
- Reference intervals
- Interpretive comments

# Scope of Harmonization in Laboratory Medicine

## Pre-Analytical Phase

- Test requests
- Sample collection
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## Analytical Phase

- Analytical method
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## Post-Analytical Phase

- Reporting terminology and units
- Report formats
- **Reference intervals**
- Interpretive comments

# Drivers for Reference Interval Harmonization

- Consistent test result interpretation across laboratories
- Electronic medical records
- Direct access to test results by patients

*Optimize and standardize patient care to improve patient safety*

# Harmonized Reference Interval Initiatives

- Nordic Reference Interval Project (NORIP)
- Australasian Harmonised Reference Intervals (AHRIP and AHRIA)
- UK Pathology Harmony Project
- Canadian Society of Clinical Chemists (CSCC) Reference Interval Harmonization (hRI) Working Group

# CSCC hRI Working Group

## *Goal*

To establish evidence-based harmonized reference intervals and support their implementation in laboratories across the country.

## *Objectives*

1. Assess variation in adult and pediatric RIs currently in use in Canadian clinical laboratories
2. Develop a model and methodology for establishing harmonized reference intervals
3. Establish appropriate recommendations and guidelines on the use of hRIs across Canada

# CSCC hRI Working Group

**Objective 1:** Assess variation in adult and pediatric RIs currently in use in Canadian clinical laboratories

## **Approach**

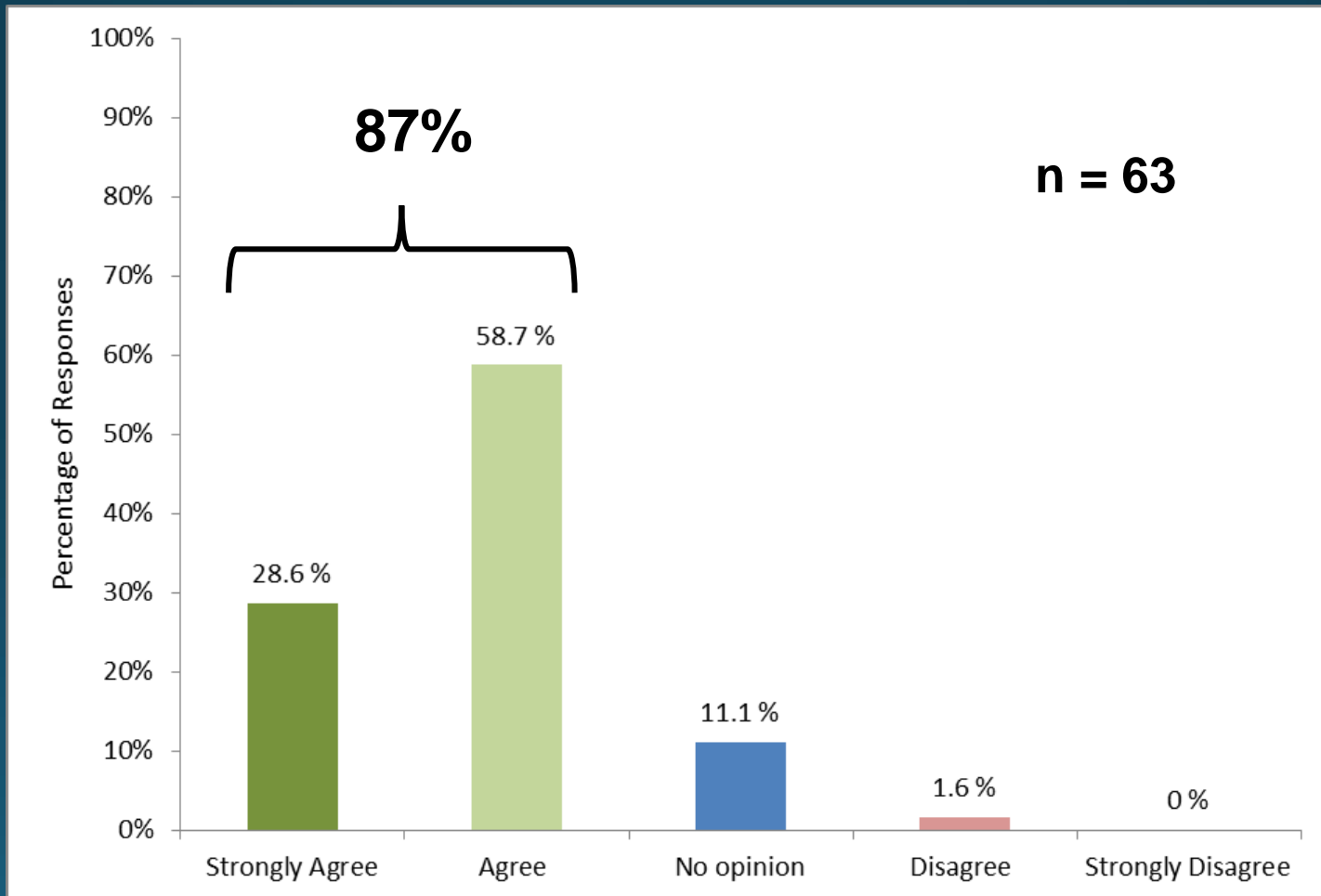
➤ Create and disseminate survey to clinical laboratories across Canada (May/April 2016)

- 3 survey questions to assess awareness of need for hRIs
- Report reference intervals for 7 analytes
  - ALP, ALT, calcium, creatinine, FT4, hemoglobin, sodium
- Analyze a reference sample for 6 analytes
  - ALP, ALT, calcium, creatinine, FT4, sodium



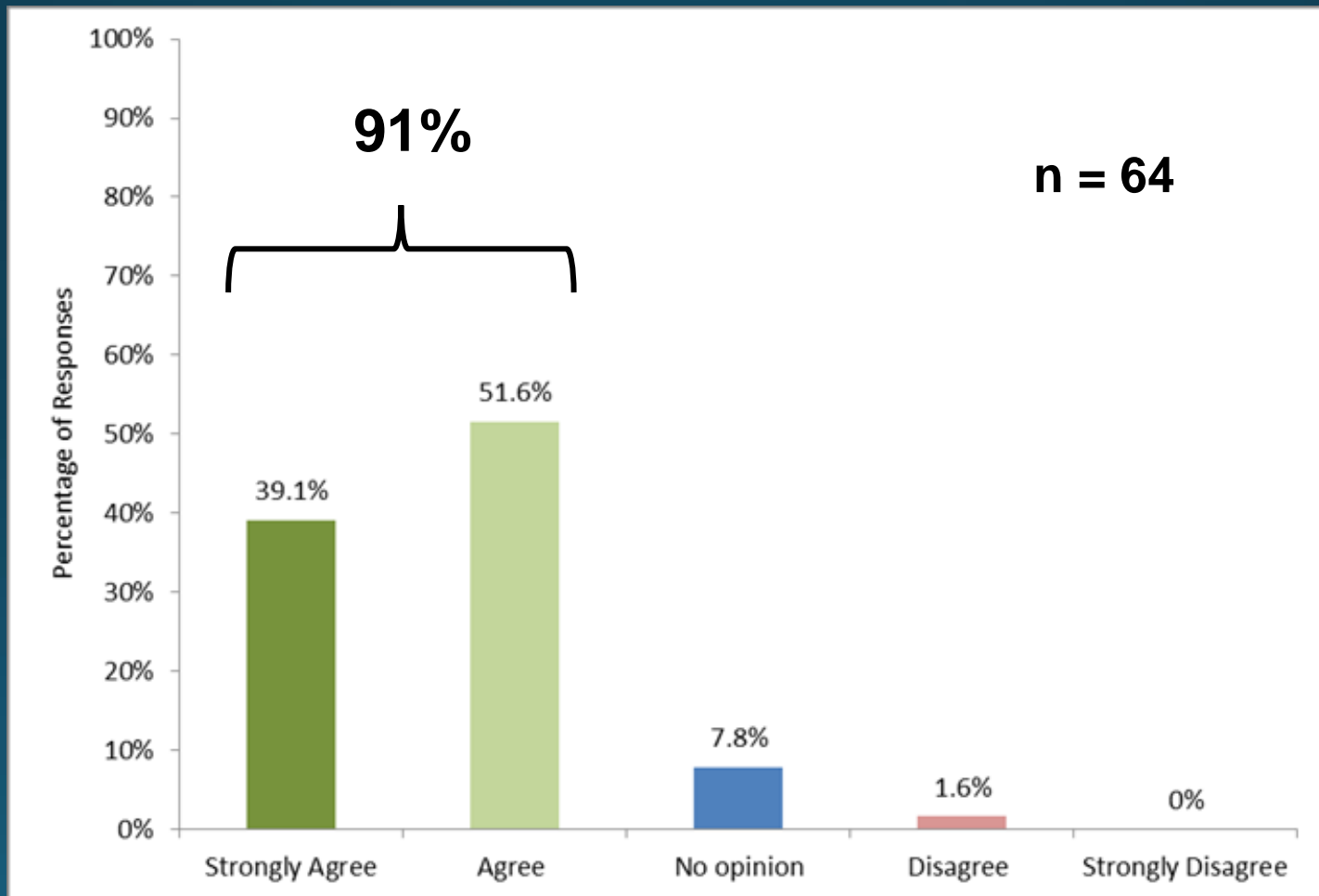
# hRI Survey Question 1

“There are significant gaps and inconsistencies in adult/geriatric reference intervals and decision limits currently used in clinical laboratories in Canada.”



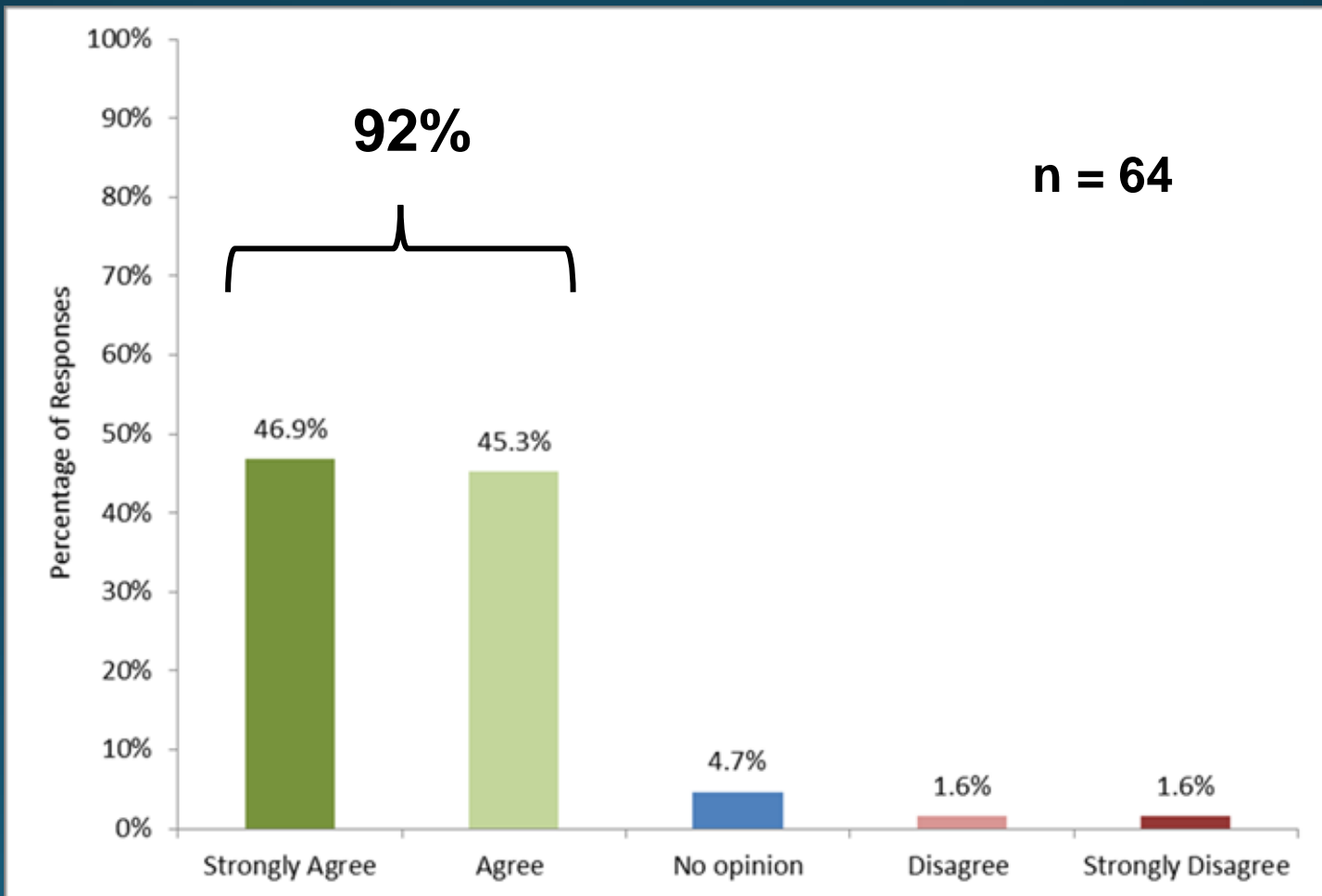
# hRI Survey Question 2

“There are significant gaps and inconsistencies in pediatric reference intervals and decision limits currently used in clinical laboratories in Canada.”



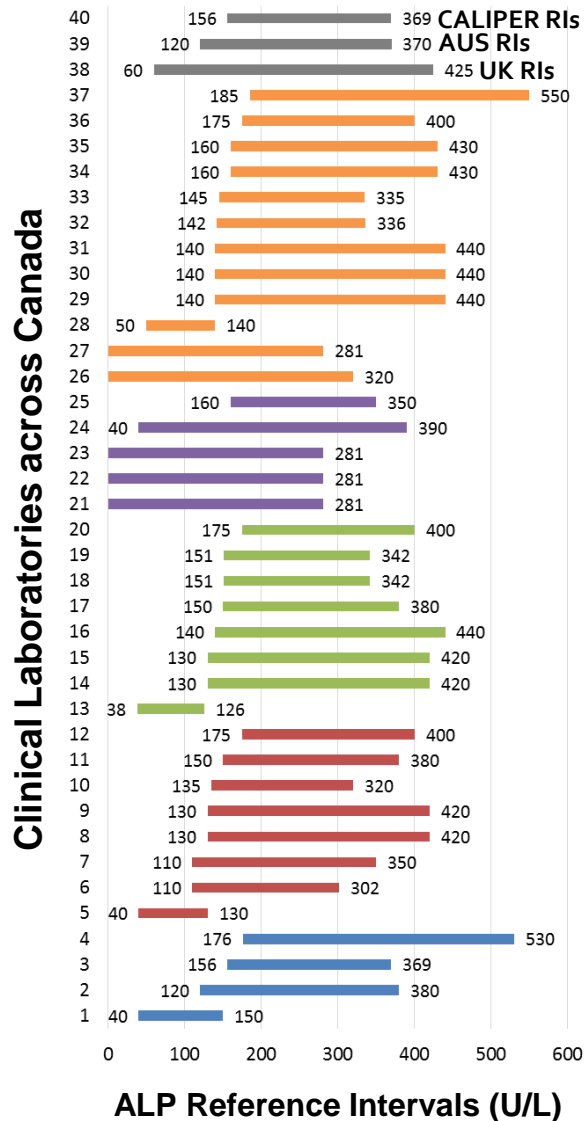
# hRI Survey Question 3

“There is a need for harmonized reference intervals and decision limits in clinical laboratories across Canada.”

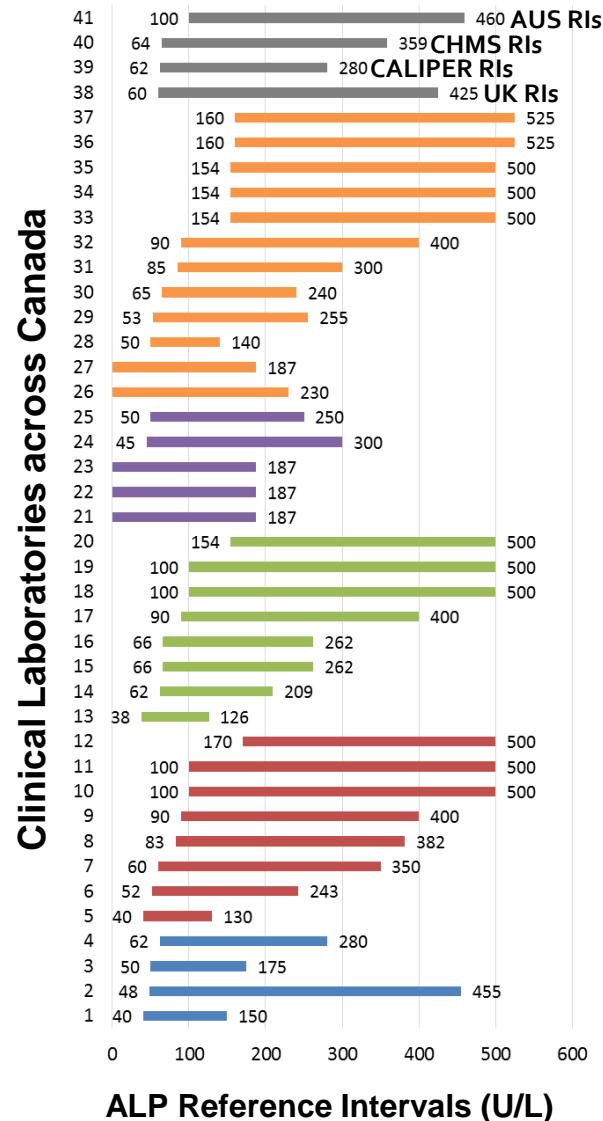


# ALP Reference Intervals

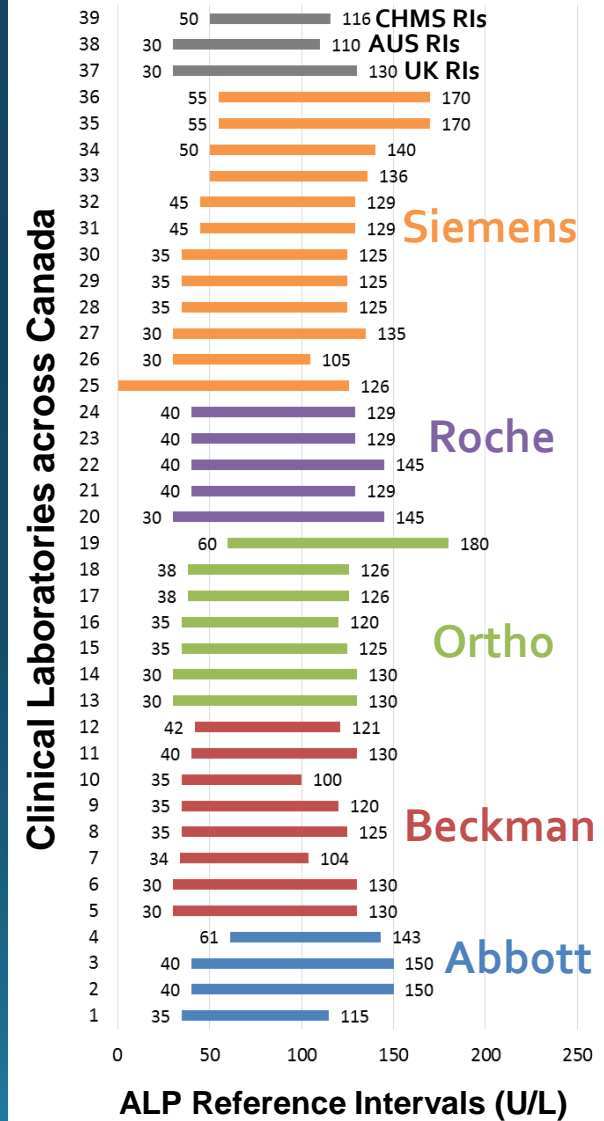
## 2 year old male



## 14 year old female

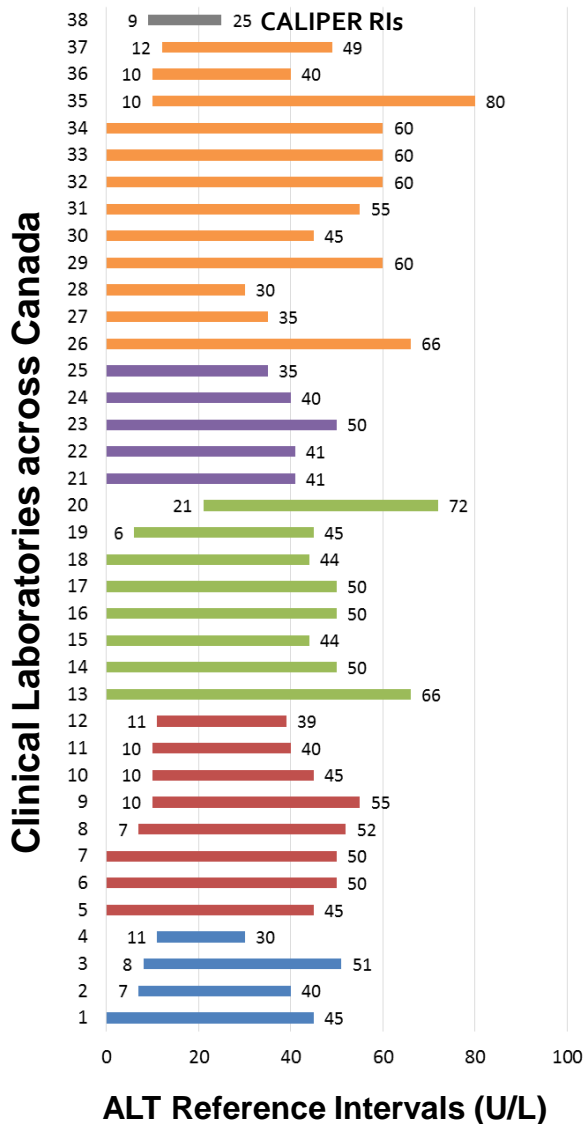


## 50 year old male

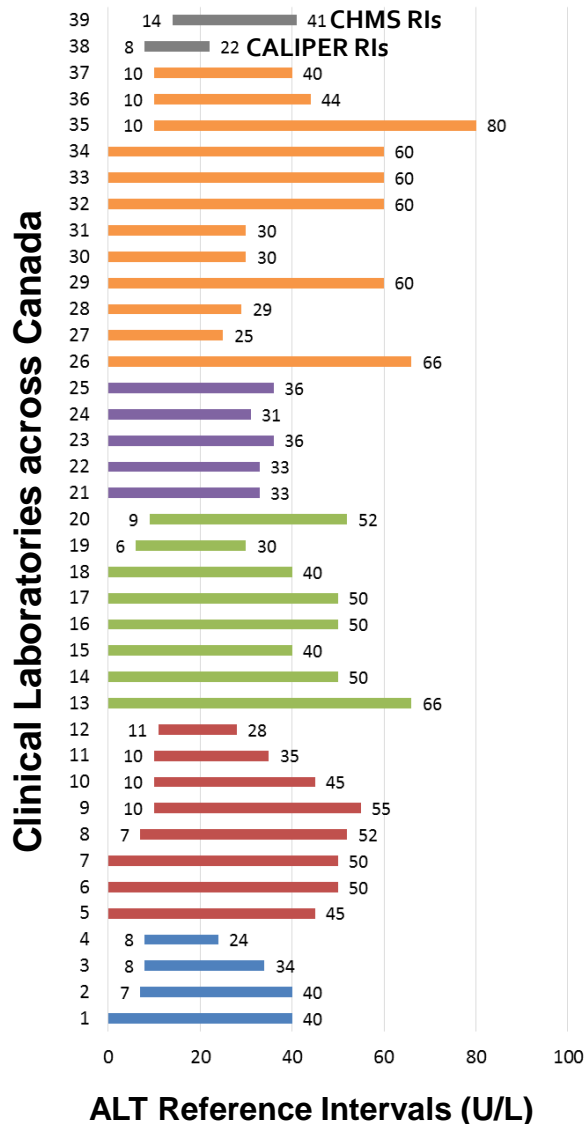


# ALT Reference Intervals

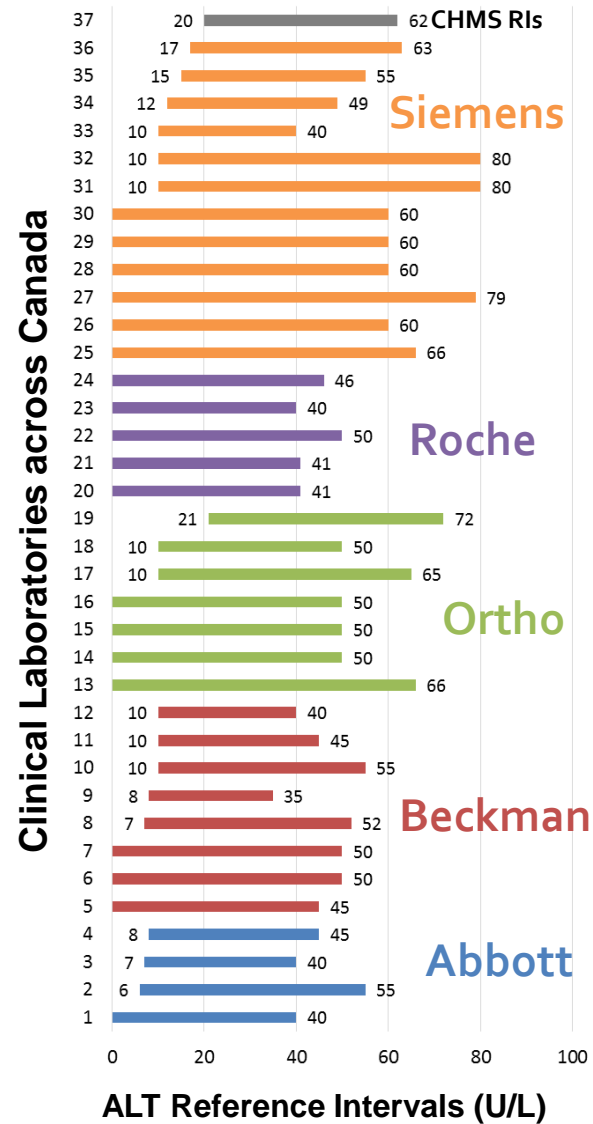
## 2 year old male



## 14 year old female

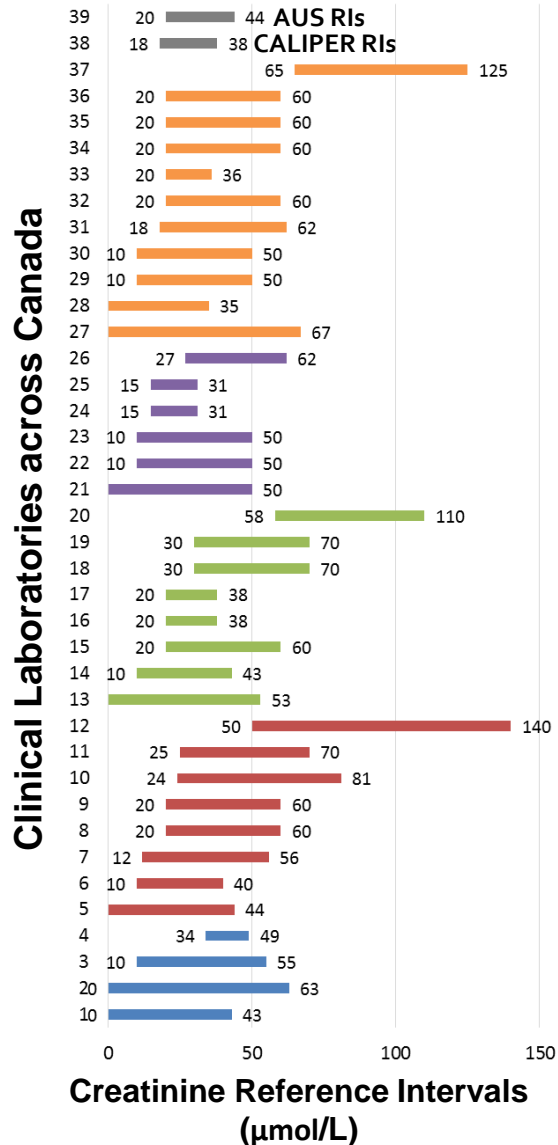


## 50 year old male

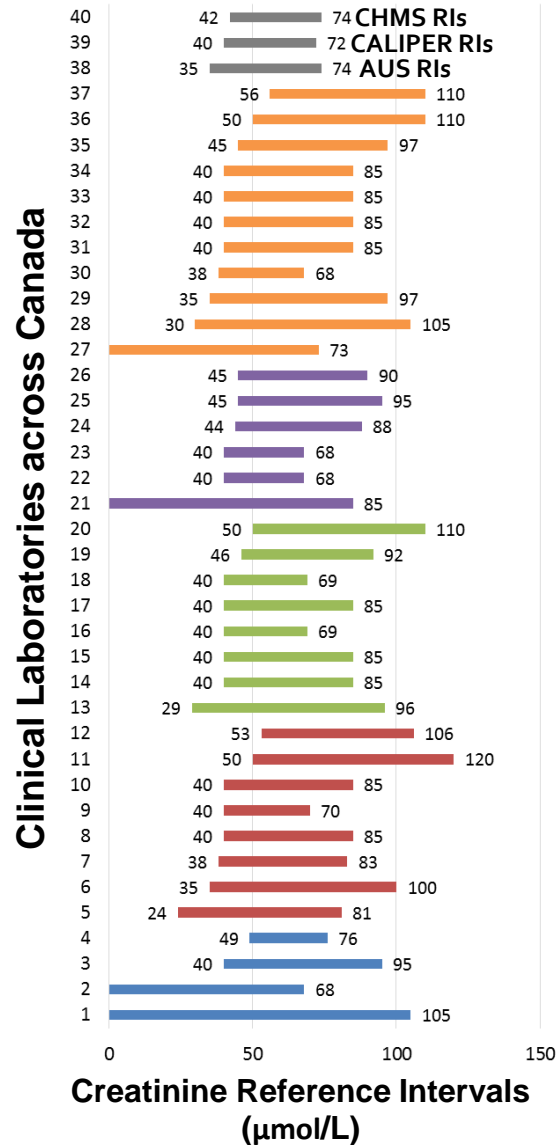


# Creatinine Reference Intervals

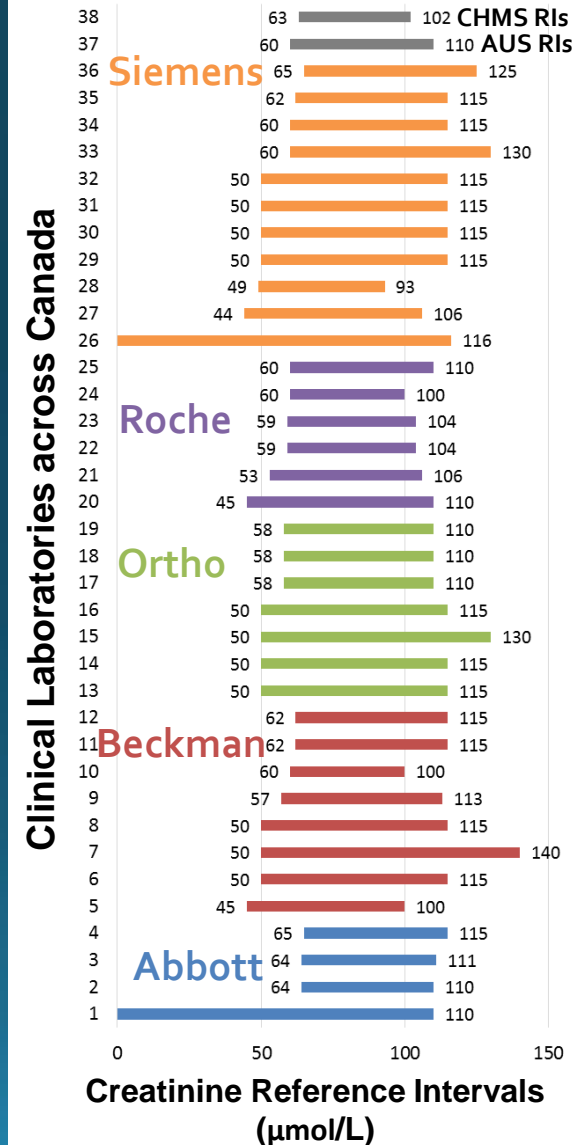
## 2 year old male



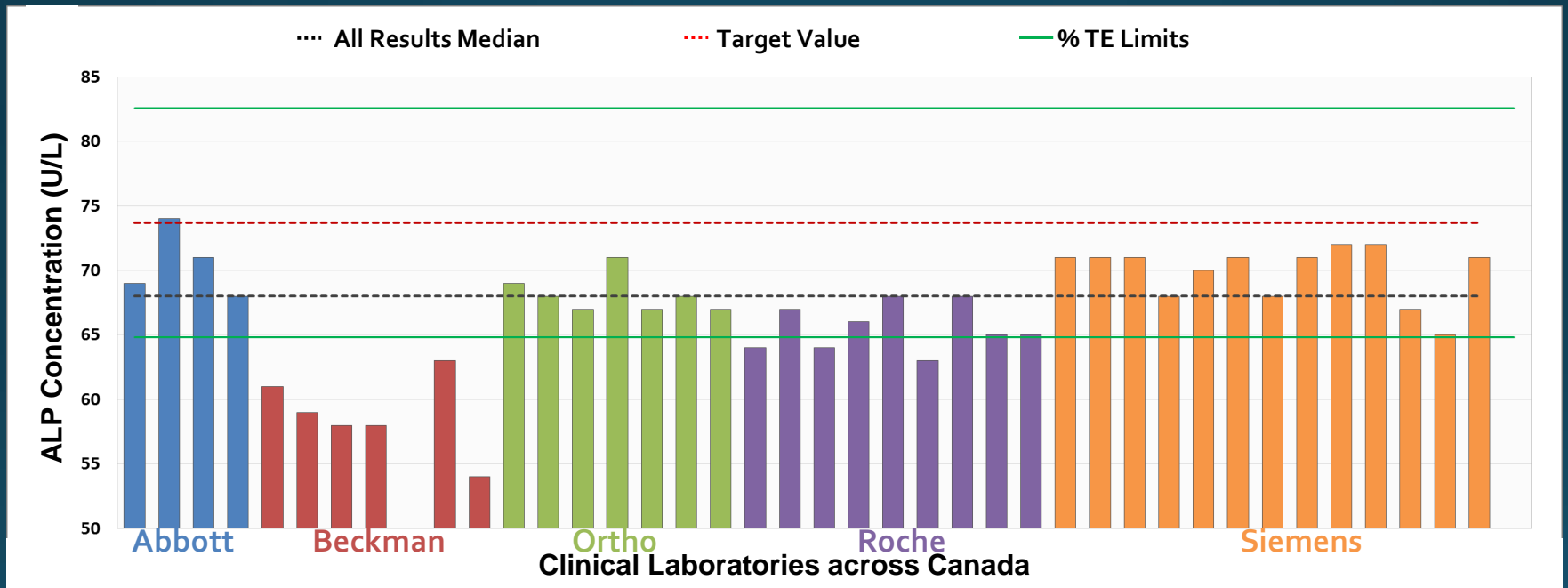
## 14 year old female



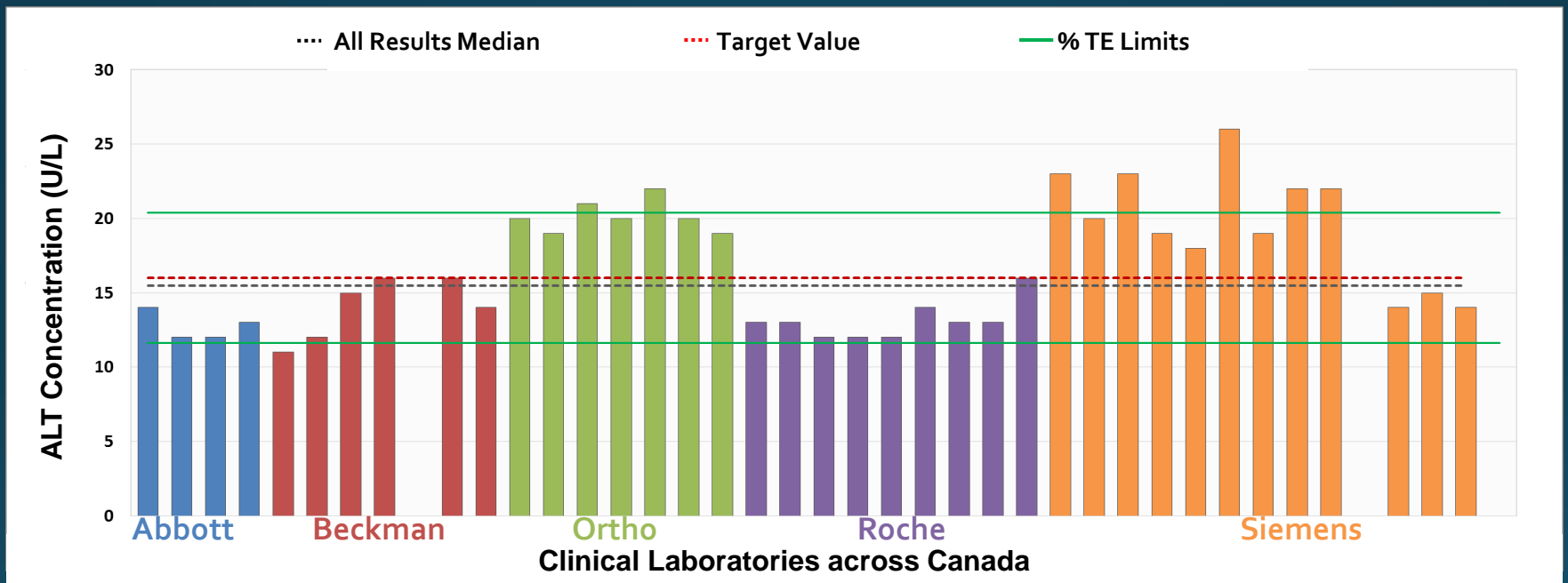
## 50 year old male



# ALP Reference Sample Results

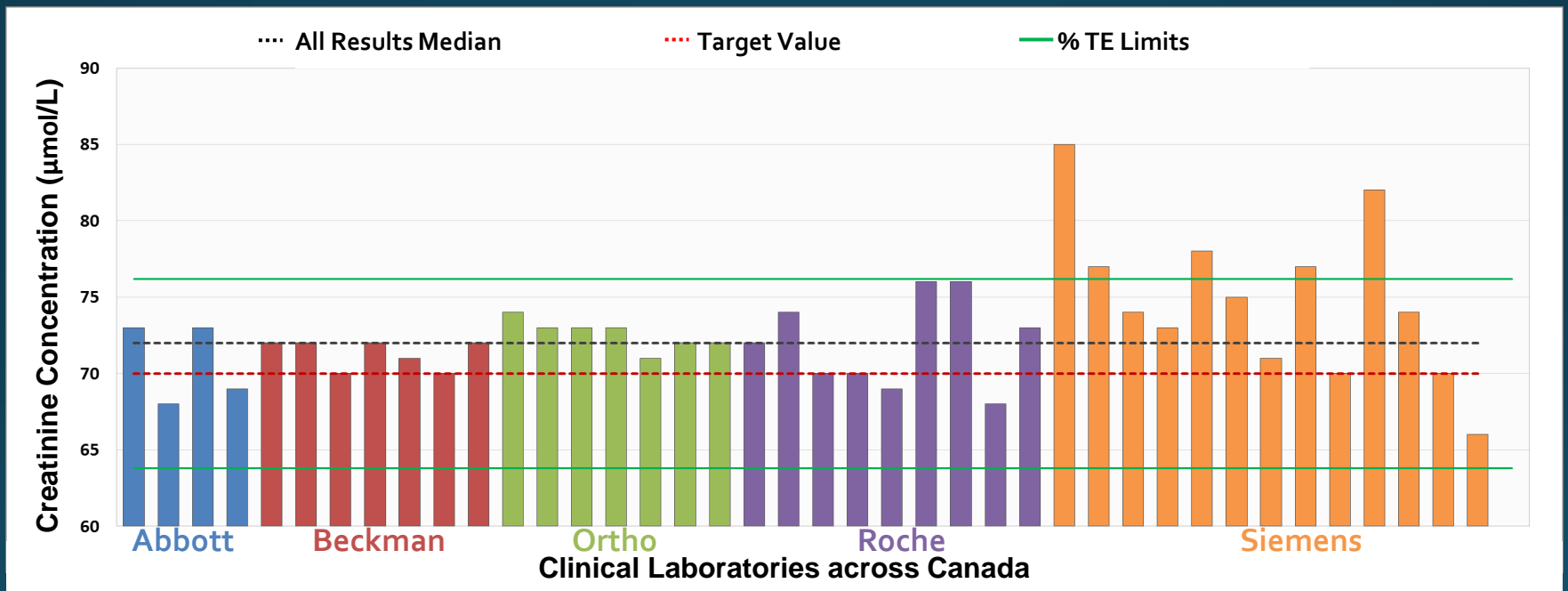


# ALT Reference Sample Results





# Creatinine Reference Sample Results



# Comparing *variation* between reference intervals and reference sample results

## *Example:* ALP

### Reference Interval Variation

14 year old female

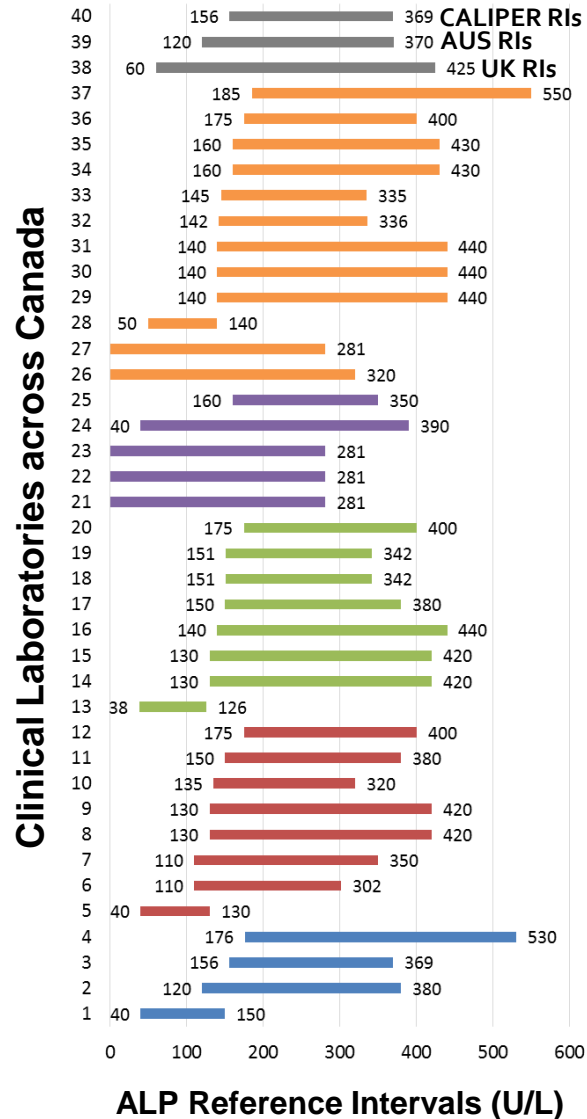
Instrument	n	% V (Upper Reference Limit)
All	37	41.9%
Abbott	4	52.3%
Beckman	8	35.7%
Ortho	8	43.2%
Roche	5	23.1%
Siemens	12	41.1%

% Variation calculated as:

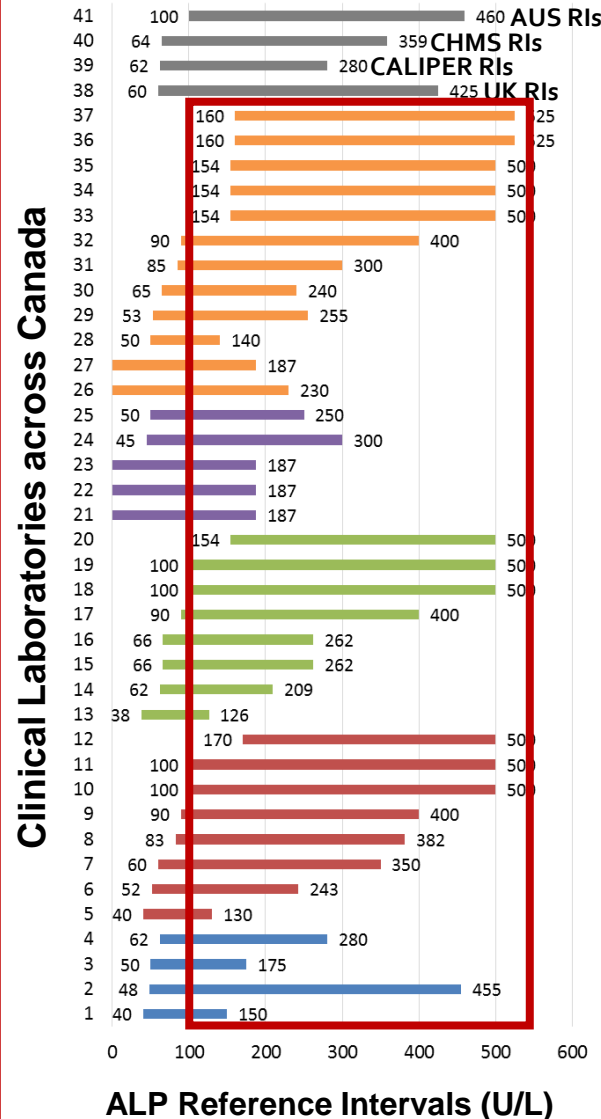
$$\frac{\text{SD (reported URLs)}}{\text{Mean (reported URLs)}} \times 100\%$$

# ALP Reference Intervals

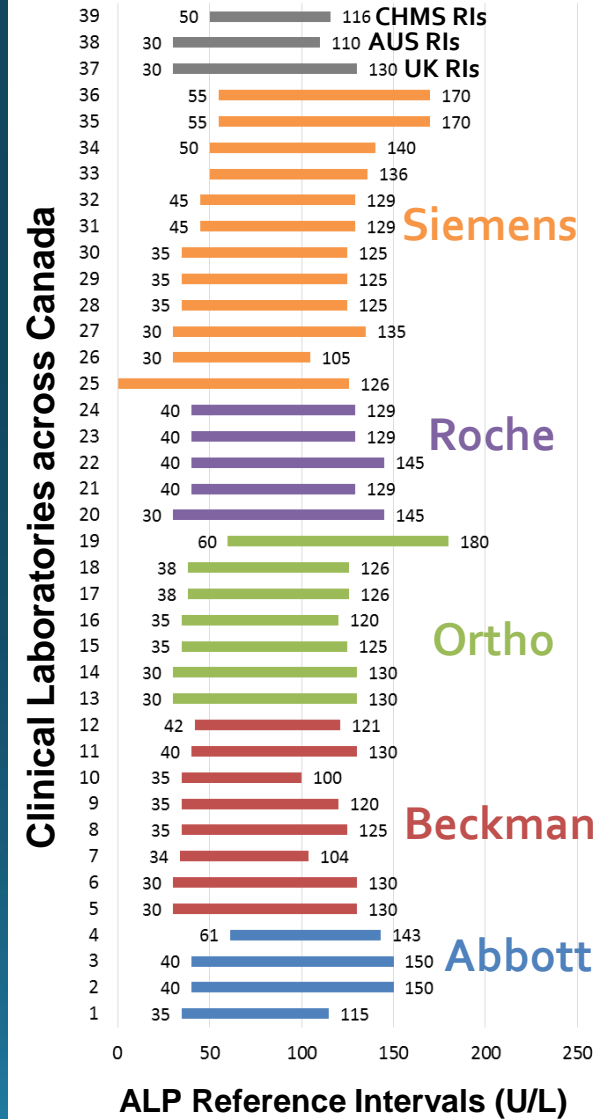
## 2 year old male



## 14 year old female



## 50 year old male



# Comparing *variation* between reference intervals and reference sample results

## *Example:* ALP

### Reference Interval Variation

14 year old female

Instrument	n	% V (Upper Reference Limit)
All	37	41.9%
Abbott	4	52.3%
Beckman	8	35.7%
Ortho	8	43.2%
Roche	5	23.1%
Siemens	12	41.1%

### Reference Sample Result Variation

Instrument	n	%CV
All	39	6.6%
Abbott	4	3.8%
Beckman	6	5.2%
Ortho	7	2.1%
Roche	9	2.8%
Siemens	13	3.1%

***Reference limits for all analytes had higher between-laboratory variation than was seen for the sample results, except sodium.***

# Comparing *bias* between reference intervals and reference sample results

## *Example: ALP*

### Reference Interval Bias

14 year old female

Instrument	n	% Bias to ARM (URL)
Abbott	4	-11.7%
Beckman	8	25.2%
Ortho	8	15.0%
Roche	5	-25.9%
Siemens	12	19.5%

% Bias calculated as:

$$\frac{\text{Deviation from ARM}}{\text{ARM}} \times 100\%$$

**ARM:** All Results Median

**URL:** Upper Reference Limit

# Comparing *bias* between reference intervals and reference sample results

## *Example:* ALP

### Reference Interval Bias

14 year old female

Instrument	n	% Bias to ARM (URL)
Abbott	4	-11.7%
Beckman	8	<b>25.2%</b>
Ortho	8	<b>15.0%</b>
Roche	5	-25.9%
Siemens	12	<b>19.5%</b>

### Reference Sample Result Bias

Instrument	n	% Bias to target
Abbott	4	-4.3%
Beckman	6	<b>-20.2%</b>
Ortho	7	<b>-7.5%</b>
Roche	9	-11.1%
Siemens	13	<b>-5.2%</b>

ARM: All Results Median

URL: Upper Reference Limit

***The variation in reference intervals across instruments cannot be explained by the bias of the results obtained on instruments by different manufacturers***

# CSCC hRI Survey Conclusions

- Reference limits for all analytes had higher between-laboratory variation than was seen for reference sample results, except sodium
- Reference interval variation across instruments cannot be explained by the bias of the results obtained on instruments by different manufacturers

***There is a critical need for harmonized reference intervals in Canada***

# CSCC hRI Working Group

## *Goal*

To establish evidence-based harmonized reference intervals and support their implementation in laboratories across the country.

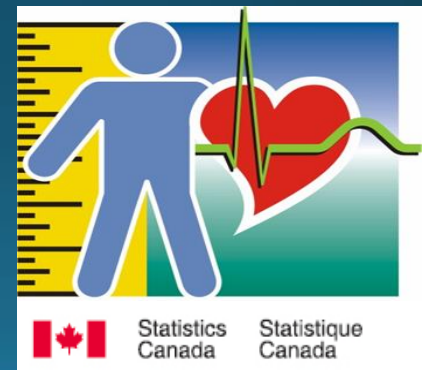
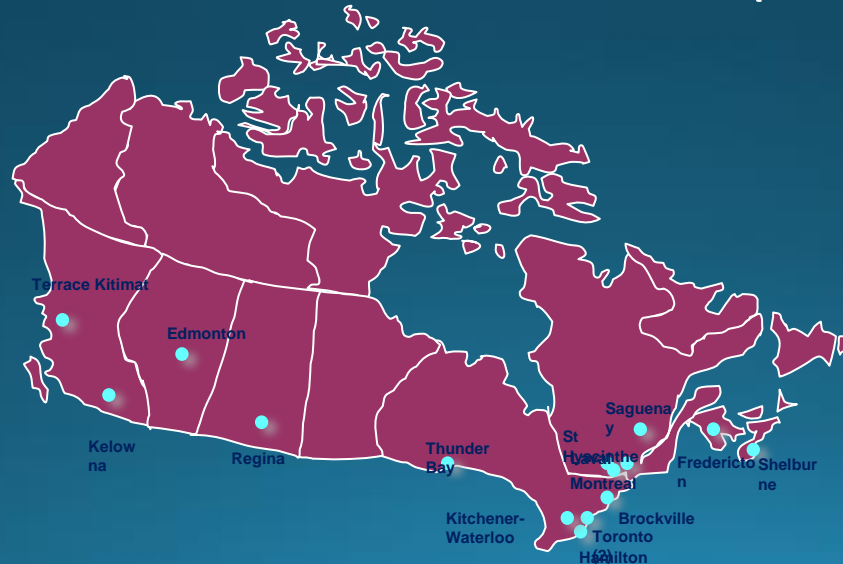
## *Objectives*

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# Canadian Reference Interval Databases

- Canada has unique opportunity
- Two robust, evidence-based reference interval databases established from the healthy Canadian population
  - Pediatrics – CALIPER (0-<19 years)
  - Pediatrics, Adults, Geriatrics – CHMS (3-<80 years)



# Canadian Harmonized Reference Intervals

Identify the problem

- Assess the current state
- Disseminate information

Develop a model and methodology

- Create primary list of analytes
- RI studies, data mining

Establish harmonized reference intervals

- Evidence-based

Implement in laboratories across Canada

- Verification

# Acknowledgements

## *CSCC hRI Working Group Members*

**Khosrow Adeli**  
**David Seccombe**  
**Christine Collier**  
**Cynthia Balion**  
**George Cembrowski**  
**Allison Venner**  
**Julie Shaw**

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